# **RESIDENTS' BREAKFAST**

Here at the Coaching Inn Group we believe that breakfast is the most important meal of the day. Please make the most of our delicious breakfast and start your day the best possible way.

To include Lincoln & York coffee or tea with toast and preserves, pastries, cereals, fresh fruit and fruit juice. Please place your order with a team member.

# Full English Breakfast

Grilled bacon, sausage, black pudding, baked beans, mushroom, tomato, your choice of hen's eggs G, E, D, S, SD 695 kcal

### Vegan Breakfast

Vegan sausage, vegan 'black pudding', grilled tomato, mushroom, baked beans, spinach VE G, S, SD, CE 533 kcal Add creamed spinach and hen's eggs E, D 120 kcal

### **Eggs Benedict**

English muffin, grilled bacon, a brace of poached hen's eggs, Hollandaise sauce G, E, D, S 505 kcal

# Eggs Royale

English muffin, oak smoked salmon, a brace of poached hen's eggs, Hollandaise sauce G, F, E, D, S 481 kcal

## Eggs Florentine

English muffin, creamed spinach, a brace of poached hen's eggs, Hollandaise sauce V G, E, D, S 586 kcal

# Spinach, Mushroom & Tomato

Toasted muffin **ve** G, S 393 Kcal Add a brace of hen's eggs **v** E 120 Kcal

## **Bacon or Sausage Sandwich**

Grilled rashers or sausages, white or malted brown bloomer G, D Bacon: 501 kcal / Sausage: 459 kcal Add a hen's egg E 60 kcal



"People who love to eat are always the best people." JULIA CHILDS

**Our kitchen team love what they do.** Our food is cooked freshly to order, so let us know if you are in a hurry. We take great pride in sourcing close to home but venturing further afield across the country to utilise produce which is season's best. Some of our dishes can be made with no added gluten, please ask a member of our team who will be able to advise you.

V: Vegetarian VE: Vegan GF: Gluten-Free. Adults need around 2000 Kcal a day. If you have a food allergy, intolerance or sensitivity, please speak to your server before ordering your meal. Please be aware our kitchens contain allergens of all kinds so we therefore cannot guarantee that any one dish can be free of all traces of any allergen. C: Crustaceans / CE: Celery / D: Dairy / E: Eggs / F: Fish / P: Peanuts / G: Gluten / L: Lupin N: Nuts / MO: Molluscs / MU: Mustard / S: Soya / SD: Sulphur dioxide / SE: Sesame seeds

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